





NORTH SYRACUSE CENTRAL SCHOOLS ELEMENTARY SCHOOL LUNCH MENU

FEBRUARY 2010

CHOOSE 1 ENTRÉE
CHOOSE 2-4 OTHER ITEMS
Student Lunch Price: \$1.50

Offered daily as an entrée option:
Peanut Butter Jelly Sandwich or
Hamburger/Bun or Sub

Web Site: www.nscsd.org If a student is eligible for free or reduced price lunch, they also are eligible for free or reduced breakfast.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
February 1 Chicken Nuggets/Roll SIDES: Cheesy Mash Potato Chilled Applesauce Ultimate Cookie Milk Choices	February 2 Pancake on a Stick SIDES: Baked Hash Brown Orange Sections Ice Juicee Milk Choices	February 3 Rotini & Meatsauce SIDES: Garlic Bread Stick Green Beans Strawberry Cup Milk/Strawberry/Cho/W	February 4 Domino's Pizza SIDES: Tossed Salad/ Ranch Drs. Salt Potatoes Orange Juice Milk Choices	February 5 Soft Taco  SIDES: Corn Bread Fruit & Nut Mix Super Bowl Brownie Milk Choices
February 8 Cheeseburger SIDES: Potato Nuggets Sweet Corn Chilled Peaches Milk Choices	February 9 Eggo Waffle/Ham Slice SIDES: String Cheese Chilled Fruit Mix Raisins Milk Choices	February 10 Turkey/Gravy/Roll SIDES: Mashed Potatoes Garden Peas Strawberry Shortcake Milk Choices	February 11 Homemade Cheese Or Garlic Pizza SIDES: Tossed Salad/It Drs Fresh Apple Orange Juice Milk Choices	February 12  Cupid's Chicken Patty/Bun SIDES: Sweetheart Sweet Potato Fries Chilled Pears Valentine Brownie Milk/Strawberry/Cho/W
February 15 <p style="text-align: center;">RECESS WEEK</p>	February 16 <p style="text-align: center;">ALL SNACKS THAT ARE OFFERED ARE SENSIBLE no more than 7 grams of fat 360 grams of sodium 15 grams of sugar</p>	February 17 	February 18 <p style="text-align: center;">BREAKFAST \$1.25</p> <p style="text-align: center;"><i>Students eligible for free/reduced price lunch can receive free/reduced price breakfast</i></p>	February 19 <p style="text-align: center;">RECESS WEEK</p>
February 22 Hot Dog/Bun SIDES: Smiley Potatoes Baked Beans Chilled Applesauce Milk Choices	February 23 Pancakes SIDES: Cheddar Square Baked Hash Browns Fruit Cocktail Milk Choices	February 24 Ham/Cheese Muffin SIDES: Turkey Veg Soup/saltines Baby Carrots/Ranch Dip Fresh Pear Milk/Strawberry/Cho/W	February 25 Homemade Cheese Or Garlic Pizza SIDES: Tossed Salad/ Ranch Drs. Orange Juice Strawberry Yogurt Granola Milk Choices	February 26 Macaroni & Cheese With Dinner Roll SIDES: Sweet Corn Fresh Apple Fruit Snacks Milk Choices
myLunchMoney.com SET UP AN ACCOUNT FOR FREE TO VIEW YOUR BALANCE AND HISTORY You can also pay by credit or debit card for \$1.95!	SUB CHOICES: Mon.- Pepperoni/Chez Mealable Tues.- Turkey Wed. - Ham/Cheese Thurs.- Assorted Fri.- Tuna Salad		SALAD BOXES: Mon.- Veggie Tues.- Julienne Turkey Wed.- Julienne Ham Thurs.- Turkey salad Fri.- Tuna Salad	myLunchMoney.com Set up account with student 9 digit ID# (do not use dashes) Problems: 1-800-479-3531

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