

NORTH SYRACUSE CENTRAL SCHOOLS ELEMENTARY SCHOOL LUNCH MENU APRIL 2010

CHOOSE 1 ENTRÉE
CHOOSE 2-4 OTHER ITEMS
Student Lunch Price: \$1.50

Offered daily as an entrée option:
Peanut Butter Jelly Sandwich or
Hamburger/Bun or Sub

Web Site: www.nscsd.org If a student is eligible for free or reduced price lunch, they also are eligible for free or reduced breakfast.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SUB CHOICES: Mon.- Pepperoni/Chez Mealable Tues.- Turkey Wed. – Ham/Cheese Thurs.- Assorted Fri.- Tuna Salad	SALAD BOXES: Mon.- Veggie Tues.- Julienne Turkey Wed.- Julienne Ham Thurs.- Turkey salad Fri.- Tuna Salad		April 1 Domino's Pizza SIDES: Tossed Salad/ Ranch Drs. Orange Juice Easter Cookie Milk Choices	April 2 NO SCHOOL
April 5 Popcorn Chicken/Roll SIDES: Baked Potato California Mixed Veg Apple Flip Milk Choices	April 6 French Toast Sticks / Ham Slice SIDES: Potato Nuggets Banana Orange Juice Milk Choices	April 7 Spaghetti / Meatsauce & Garlic Bread Stick SIDES: Green Beans Chilled Peaches Blueberry PudParfait/top Milk/Strawberry/Cho/W	April 8 Homemade Cheese Or Garlic Pizza SIDES: Tossed Salad/It Drs Sweet Corn RF Cheetos Milk Choices	April 9 Toasted Cheese Sandwich SIDES: Tomato Soup Chilled Pears Cherry Crisp Milk Choices
April 12 Walking Taco SIDES: Seasoned Rice Mexican Baked Beans Chilled Pears Milk Choices	April 13 Mozzarella Sticks/Sauce SIDES: Garlic Bread Sticks Mixed Vegetables Fresh Apple Milk Choices	April 14 Turkey and Gravy/Roll SIDES: Mashed Potatoes Steamed Broccoli Black Forest Cake Milk/Strawberry/Cho/W	April 15 Homemade Cheese Or Garlic Pizza SIDES: Tossed Salad/It. Drs Chilled Fruit Cup Kids Munchie Mix Milk Choices	April 16 Popcorn Chicken/Roll SIDES: French Fries Sweet Corn Chilled Peaches Milk Choices
myLunchMoney.com Set up account with student 9 digit ID# (do not use dashes) For \$1.95 pay by credit/debit card. Problems: 1-800 -479-3531	A school lunch offers healthy options: * Serve wheat and multi-grain breads/rolls * All milk and ice cream are low fat * Salad entrees * Fresh & canned fruit	April 21 RECESS WEEK	ALL SNACKS THAT ARE OFFERED ARE SENSIBLE no more than 7 grams of fat 360 grams of sodium 15 grams of sugar	BREAKFAST \$1.25 <i>Students eligible for free/reduced price lunch can receive free/reduced price breakfast</i>
April 26 Chicken Nuggets/Roll SIDES: Cheesy Mashed Potato Chilled Applesauce Ultimate Cookie Milk Choices	April 27 Pancake on a Stick SIDES: Baked Hash Brown Orange Sections Ice Juicee Milk Choices	April 28 Rotini & Meatsauce SIDES: Garlic Bread Stick Green Beans Fruit Snacks Milk/Strawberry/Cho/W	April 29 HALF DAY	April 30 Soft Taco SIDES: Corn Bread Fresh Pear Star Crunch Milk Choices

***WANTED IN THE NSCS FOOD SERVICE DEPT ***Part-time Substitute Food Service Workers. Call 218-2175.
HIRING TO START NOW OR IN THE FALL